

2015 AUGUST

SUNDAY
FIRST DAY OF WEEK

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	01
02	03	04	05	06 Food Day 1	07	08
09	10	11	12	13	14 Marion TRIAD 1:30	15
16	17	18	19	20 Food Day 2	21	22
23	24	25	26	27	28	29
30	31	01	02	03	04	05

August Birthdays

- Linda Millien - August 11
- Marie McKinni - August 15
- Lillie Smith - August 18
- Alfred Reppond - August 18
- Clotiel Fields - August 18
- Herb Romero - August 21
- Joyce Rowland - August 24
- Clifton Gilliam - August 26



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Why do we call the hot, sultry days of summer “dog days”?



The “dog days of summer” occur during the hottest and muggiest part of the season. Webster defines “dog days” as The period between early July and early September when the hot sultry weather of summer usually occurs in the northern hemisphere.

The Term dog days has an interesting origin. In ancient times, when the night sky was unobscured by artificial lights and smog different groups of peoples in different parts of the world drew images in the sky by “connecting the dots” of stars. The images drawn were dependent upon the culture: The Chinese saw different images than the Native Americans, who saw different pictures than the Europeans. These star pictures are now called constellations, and the constellations that are now mapped out in the sky come from our European ancestors.

The brightest of the stars in Canis Major (the big dog) is Sirius, which also happens to be the brightest star in the night sky. In fact, it is so bright that the ancient Romans thought that the earth received heat from it. Look for it in the southern sky (viewed from northern latitudes) during January.

In the summer, however, Sirius, the “dog star,” rises and sets with the sun. During late July Sirius is in conjunction with the sun, and the ancients believed that its heat added to the heat of the sun, creating a stretch of hot and sultry weather. They named this period of time, from 20 days before the conjunction to 20 days after, “dog days” after the dog star.

The conjunction of Sirius with the sun varies somewhat with latitude. And the “precession of the equinoxes” (a gradual drifting of the constellations over time) means that the constellations today are not in exactly the same place in the sky as they were in ancient Rome. Today, dog days occur during the period between July 3 and August 11. Although it is certainly the warmest period of the summer, the heat is not due to the added radiation from a far-away star, regardless of its brightness.



Easy Summer Salad

- 1-16 oz. carton of cottage cheese
- 1-8 oz. carton cool whip
- 1 can crushed pineapple, drained
- Any flavor Jello

Mix ingredients together. I add pecans, but not necessary. Refrigerate and enjoy!
P.S. I use no-fat cottage cheese and no-sugar added cool whip and Jello.

Strawberry Peach Smoothie

- 1 cup orange juice or almond milk
- $\frac{1}{2}$ cup vanilla or strawberry Greek yogurt
- 1 peach, peeled and sliced {or equivalent in canned peaches}
- $\frac{3}{4}$ cup strawberries {I like to freeze mine}
- 3-4 ice cubes
- 1 tablespoon chia seeds {optional for extra nutrients}
- Honey to taste if additional sweetening needed

Instructions:

Mix the first 6 ingredients together in a blender until smooth.
Stir in some honey for additional sweetness if desired.



Totally useless but interesting trivia...

The name “Jeep” came from the abbreviation used in the Army for the “General Purpose” vehicle, **G.P.**

You are 1% shorter in the evening than in the morning.

A cockroach can live 9 days with its head cut off before it dies of starvation.

French was the official language of England for over 600 years.

A flea can jump 350 times its body length—the equivalent of a human jumping the length of a football field.

The chance of you dying on the way to get a lottery ticket is actually greater than your chance of winning.

Earth is the only planet not named after a god.

A mouse can fit through a hole the size of a ballpoint pen.

You replace every particle in your body every seven years. You are literally not the same person you were 7 years ago.

Celery has negative calories. It takes more calories to eat a piece of celery than the celery has in it to begin with.



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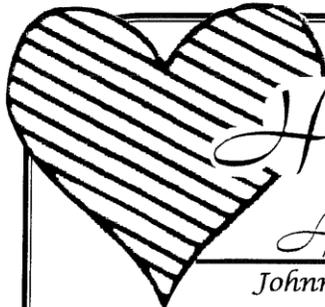


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JAPAN SURRENDERS...

The surrender of the Empire of Japan was announced by Imperial Japan on August 14, 1945, and formally signed on September 2, 1945, bringing the hostilities of World War II to a close. By the end of July 1945, the Imperial Japanese Navy was incapable of conducting major operations and an Allied invasion of Japan was imminent. While publicly stating their intent to fight on to the bitter end, Japan's leaders (the Supreme Council for the Direction of the War, also known as the "Big Six") were privately making entreaties to the neutral Soviet Union to mediate peace on terms more favorable to the Japanese. Meanwhile, the Soviets were preparing to attack Japanese forces in Manchuria and Korea in fulfillment of promises they had secretly made to the United States and the United Kingdom at the Tehran and Yalta Conferences.

On August 6, 1945, the United States detonated an atomic bomb over the Japanese city of Hiroshima. Late in the evening of August 8, 1945, in accordance with the Yalta agreements, but in violation of the Soviet-Japanese Neutrality Pact, the Soviet Union declared war on Japan, and soon after midnight on August 9, 1945, the Soviet Union invaded the Imperial Japanese puppet state of Manchukuo. Later that same day, the United States dropped a second atomic bomb, this time on the Japanese city of Nagasaki. Following these events, Emperor Hirohito intervened and ordered the Supreme Council for the Direction of the War to accept the terms the Allies had set down in the Potsdam Declaration for ending the war. After several more days of behind-the-scenes negotiations and a failed coup d'état, Emperor Hirohito gave a recorded radio address across the Empire on August 15. In the radio address, called the Gyokuon-hōsō ("Jewel Voice Broadcast"), he announced the surrender of Japan to the Allies.

On August 28, the occupation of Japan by the Supreme Commander for the Allied Powers began. The surrender ceremony was held on September 2, 1945, aboard the United States Navy battleship USS *Missouri* (BB-63), at which officials from the Japanese government signed the Japanese Instrument of Surrender, thereby ending the hostilities. Allied civilians and military personnel alike celebrated V-J Day, the end of the war; however, some isolated soldiers and personnel from Imperial Japan's far-flung forces throughout Asia and the Pacific islands refused to surrender for months and years afterwards, some even refusing into the 1970s. The state of war formally ended when the Treaty of San Francisco came into force on April 28, 1952. Four more years passed before Japan and the Soviet Union signed the Soviet-Japanese Joint Declaration of 1956, which formally brought an end to their state of war.



From the Desk of Bro. David Martin...

Most of us have heard it said, "The majority rules" or "The majority is always right". That sounds good, but it is not absolutely true. Sometimes the majority is totally wrong.

Recently the Supreme Court of the United States ruled on same-sex marriages, and by a vote of 5-4, it ruled that same-sex marriages were legal and those who chose this type of relationship had the same rights as any typical marriage.

Marriage, therefore, has been redefined by the Court. But, God defined marriage at the beginning of mankind when He said, "Therefore a man shall leave his father and mother and hold fast to his wife, and they shall become one flesh!" They were told to "be fruitful and multiply!" and replenish the earth". That is the definition of a natural and normal marriage, the traditional marriage. Any other type of relationship should be considered unnatural and even irrational and unscriptural!

Now the Bible in the New Testament instructs Christians to respect those in authority, and to be obedient subjects of the laws of the land. We who are Christians ought to be loyal citizens, and to pray for those in authority. But at the same time, we recognize that some laws are in direct conflict with the principles and precepts of God's Word. There is a tension there. What do we do? Perhaps we find the simple answer given by Peter and John when defending themselves before the religious authorities: "Judge for whether it is right in God's sight to obey you rather than God". (Acts 4:19 NIV)

We have to be obedient to the decision of the Supreme Court or face the consequences. It is, after all, the High Court. But there is a higher Court: the Court of the Universal Law and Lord, the only "Righteous Judge", Jesus Christ, who judges justly and fairly and truthfully. As Paul said, "We must all appear before the judgment seat of Christ"! Every man, great or small, must keep this appointment.



From the Office...

I am gazing out of my office window as a soft breeze goes through the trees—knowing that by this afternoon, it will be a scorching 100 degrees!

RANDOM RAMBLINGS!

1. Our mother kept journals for years. Every night she prayed that “warring angels” would surround and protect her children, grandchildren, and great-grandchildren. We still pray those words. She left a great legacy of prayer.
2. You may remember the ice storm of the early 70's. In one entry of her journal, she told of going to church on that Sunday morning. “There were four of us there plus the preacher. He did a great job.” Oh, that we would be that dedicated!
3. I often think of the older people that we went to church with when I was a child. I have great memories of these people and the love that had for me and my siblings. When I was little, I was the last person to get off the bus. On the way to our house, the bus driver and I would sing. “You Are My Sunshine” “She'll Be Coming Round the Mountain”. When I was an adult, he, my sister and I sang “Precious Lord, Take My Hand” at church. What a sweet memory!
4. I saw something at Wal-Mart the other day that really brought back a sweet memory. One of the workers walked out the back entrance to meet his wife that had brought him lunch. She handed it to him and they kissed on the sidewalk. I stopped and told them a story about my husband—about a month before he died, I called him one morning to bring me some juice to school. I was on duty when he drove up, so I just ran over to the truck, got the juice and stuck my head in the window and kissed him. Of course, the kids all had a fit about me kissing him. I assured them it was alright to kiss him since we were married. Later, a friend that was on duty with me told me that she thought of that many times because she thought it was so sweet. (Be sure that you make good memories.)
5. My husband, son and I spent many happy times at “the camp” on the Upper Ouachita. No electricity, no running water, no bathroom (unless you count the outhouse). Wood burning heater, cooking with propane. Playing many games by kerosene lantern. Checking out the back window for game. We went there for many years. I never did learn the way in or the way out. Our son killed his first turkey there and lots of other stuff.
6. Our son started showing livestock when he was nine years old. He showed all through high school. He showed many animals but mostly sheep. He and I did the shearing of the lambs for shows. Sometimes, we would ask Daddy to hold a leg so that we could shear underneath the animal. I will never forget looking over and seeing him holding that leg with a piece of paper towel!!! This was a man that killed and dressed EVERY KIND OF ANIMAL that there was. Needless to say, sheep were NOT his thing!

I hope that you enjoy my ramblings and I hope that you have your own ramblings that run through your minds. I love to think back to times that made me happy and even to times that made me sad. After all, these are the things that make us who we are.

Susan

TRIAD Newsletter

August, 2015



WHAT IS TRIAD?

TRIAD is cooperation between Law Enforcement Agencies and Senior Citizens

TRIAD strives to reduce criminal victimization of older persons

TRIAD assesses the needs and concerns of older citizens

TRIAD leads to a broad dialogue on safety and security issues

TRIAD is the link with elderly members of the community

TRIAD combines common sense and imagination!



The three-year-olds class from Mom's Helper Daycare and Preschool visited the Sheriff's Office to bring cupcakes. The school is studying community helpers.

Thank you, Mom's Helper!



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at different times.

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